

# 2009 Arkalalah 2-mile Run Oct. 31st, Downtown Ark City

# Entry Form

## How to Enter

**In Person:** at the Ark City Rec Center, 225 E. Fifth Avenue, Arkansas City (Mon-Fri 8:00am-5:00pm) until October 29th. Note: The ACRC office is closed on Friday, October 30th, but registrations will be taken at the Chamber of Commerce Office, 106 South Summit, from 7:30-8:30 am on the day of the race.

**By Mail:** You may also register by completing the entry form at right and mailing it with your entry fee no later than October 27th to:

Ark City Recreation Commission  
225 E. Fifth Avenue  
Arkansas City, KS 67005

Early registration is due by October 29th and will guarantee an entrant T-shirt. Registrants after October 29th will receive a T-shirt only while quantities last.

## Age & Eligibility

The Arkalalah 2-Mile Run are open to all persons regardless of age or ability. Male/Female age divisions and costs per division are as follows:

	Early (by Oct. 29)	Day of Race (Oct. 31)
12 & Under	\$10	\$15
13 - 18	\$10	\$15
19 - 29	\$15	\$20
30 - 39	\$15	\$20
40 - 49	\$15	\$20
50 - 59	\$15	\$20
60 & Over	\$15	\$20

## Awards

Cash prizes of \$150 will be awarded to the fastest male and female runner. Cash prizes of \$50 will be awarded to each division winner (exception 12U and 13-18 divisions). Medals will be awarded to the top two finishers in each age/gender division. *All youth in the 12 & Under division will receive participation medals* There will be a drawing after the race and prior to the awards presentation for prizes donated by local merchants (must be present to win).

## Check In

Check in begins at 7:30am south of the starting line in the walkway by the Ark City Chamber of Commerce, 106 South Summit. In case of rain, check in will be moved inside the Chamber Office (please enter through the south-east side door). Each runner will receive a participant's packet which includes their T-shirt, race number and finish slip, and safety pins.

## The Course

The Arkalalah 2-Mile Run begins and ends on Summit Street, the main thoroughfare through the community and the heart of the Arkalalah festivities. The course winds along residential streets with all turns clearly marked. A water stand will be available at the finish line. The Course has been TAC/USA Certified and is part of the Kansas Racing Circuit.



Name: \_\_\_\_\_

Age as of Oct. 31, 2009 \_\_\_\_\_

Male  Female

Age Division \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Please circle shirt size:

S M L XL XXL

*Shirts are available in adult sizes only.*

Send a separate entry form for each runner. Please complete all information and sign the waiver statement below.

Mail with check or money order to:

**Arkansas City Recreation Commission**  
**225 E. Fifth Avenue**  
**Arkansas City, KS 67005**

I, for myself, my executor and administrators, do hereby release and discharge the Arkalalah Festivals Inc., the Arkansas City Recreation Commission, and all run officials from all claims of damage, demands, actions, and causes of actions, whatsoever, in any manner arising or growing out of my participation in said race. I certify that I have prepared myself for this event, I am in adequate physical condition, and am eligible to compete in this event.

Signature \_\_\_\_\_

*(Parent or guardian if participant is under 16)*

For Office use only:

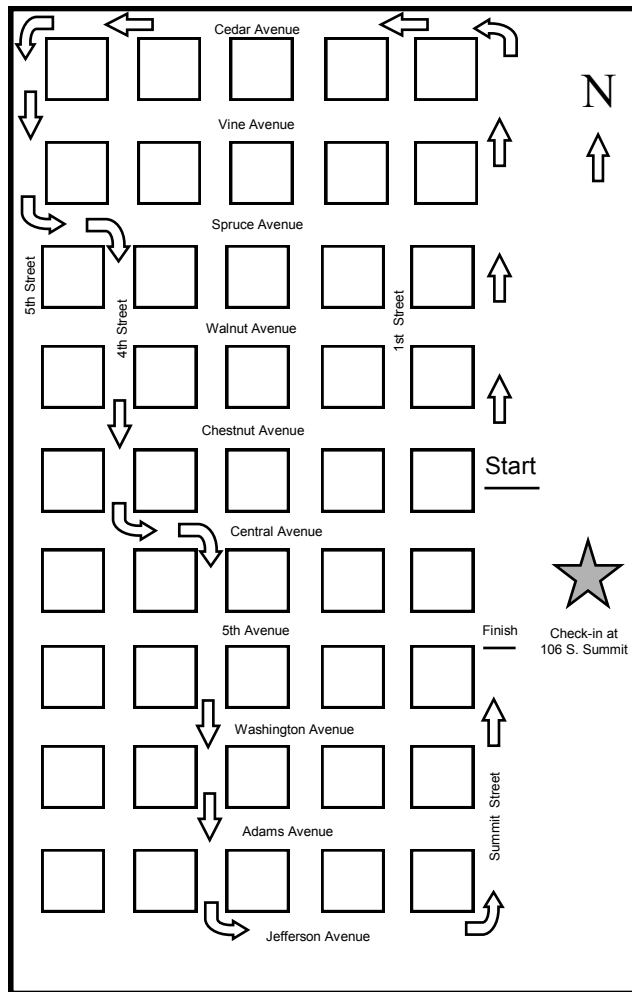
Date Pd. \_\_\_\_\_ Fee Pd. \_\_\_\_\_ Race No. \_\_\_\_\_

# Arkalah

## Schedule of Events for Saturday, October 31, 2009

- 6:00am Kiwanis Pancake Feed at 100 S. 1st Street
- 7:30am **Check-in for 2-mile Run at 106 S. Summit**
- 8:00am Craft Show at the Ark City Recreation Center, 225 East Fifth Avenue
- 8:30am **Run registration ends**
- 9:00am **Arkalah 2-mile Run begins in the 100 block of North Summit**
- 10:00am **Awards Presentation in the 200 block of South Summit**
- 11:15am Downtown Street Games
- 2:00pm Arkalah Parade

### 2009 Arkalah 2-Mile Run TAC/USA Certified Course Map



29th Annual

# Arkalah 2-mile Run



Arkansas City, Kansas  
October 31, 2009  
9:00am



The ACRC Staff would like to thank the many local sponsors and volunteers whose contributions help make this an annual event

Presented by the  
ARKANSAS CITY RECREATION COMMISSION  
Phone: (620) 441-4300  
Email: [recdirector@arkcity.org](mailto:recdirector@arkcity.org)

